

# October 2025

## EAST GREENWICH TOWNSHIP SCHOOLS

**CLASS "A" LUNCH  
INCLUDES:  
ENTRÉE, ASSORTED  
FRUIT,  
VEGETABLE & MILK  
\$3.50**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

### Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

WGR SOFT PRETZELS WITH  
CHEESE SAUCE  
SLICED CUCUMBERS  
BAKED VEGETABLE BEANS  
APPLE SLICES

MILK

WGR FRENCH TOAST  
STICKS WITH SYRUP  
SAUSAGE PATTY  
YOGURT  
ORANGE JUICE

MILK

WGR CHICKEN TENDERS  
WITH ASSORTED DIPS  
WGR RICE  
PEAS  
SLICED PEARS

MILK

TACOS ON A WGR  
TORTILLILA  
WGR RICE  
CORN  
FRUIT COCKTAIL

MILK

WGR 4x6 PIZZA  
CAESAR SALAD WITH  
DRESSING  
MIXED BERRIES

MILK

IN-SERVICE  
SCHOOL CLOSED

WGR ASSORTED CEREAL  
YOGURT  
CHEESESTICK  
SLICED CUCUMBERS  
APPLE SLICES

MILK

WGR CHICKEN STICKS  
WITH ASSORTED DIPS  
RICE  
BROCCOLI  
MIXED BERRIES

MILK

WGR MEATBALLS ON A  
WGR ROLL  
GREEN BEANS  
PEACHES

MILK

WGR STUFFED CRUST  
PIZZA  
ASSORTED VEGETABLE  
STICKS WITH  
ASSORTED DIPS  
BANANA  
MILK

CHEESEBURGER ON A  
WGR BUN  
STEAMED CORN  
APPLE SLICES  
MILK

WGR PANCAKES WITH  
SYRUP  
SAUSAGE  
EGG PATTY  
FRUIT JUICE

MILK

BAKED CHICKEN  
GRAVY  
MASHED POTATO  
CARROTS  
FRUIT COCKTAIL

MILK

WGR CHEESE BREAD  
STICKS WITH  
MARINARA  
STEAMED PEAS  
PEARS

MILK

CICONTES PIZZA  
CAESAR SALAD WITH  
DRESSING  
BANANA

MILK

HOT DOG ON A WGR  
BUN  
BAKED VEGETABLE  
BEANS  
SLICED CUCUMBERS  
APPLE SLICES  
MILK

EARLY DISMISSAL

NO LUNCH SERVED  
TODAY

NUTRITIOUS SNACKS  
ARE AVAILABLE TO

EARLY DISMISSAL

NO LUNCH SERVED  
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TODAY

NUTRITIOUS SNACKS  
ARE AVAILABLE TO

EXTRA ENTRÉE'-\$1.75  
ENTRÉE ONLY \$2.25  
MILK \$.60  
JUICE \$.70  
\*CARROTS & CELERY WILL BE  
AVAILABLE DAILY

BOTTLED WATER IS AVAILABLE TO  
PURCHASE:  
\*8 OUNCES-\$ .70  
\*16.9 OUNCES-\$1.00  
**\*DAILY ALTERNATE:**  
**CHICKEN PATTY ON A  
WGR BUN**

**\*UNCRUSTABLES**  
PEANUT BUTTER AND  
JELLY(GRAPE)  
ON WGR BREAD

ASSORTED SNACKS -\$ .80-\$1.50  
\*BAKED LAYS CHIPS  
\*BAKED REGULAR DORITOS  
\*BAKED COOL RANCH DORITOS  
\*BAKED SPICY&SWEET DORITOS  
\*BAKED RUFFLES-CHEDDAR &  
SOUR CREAM CHIPS  
\*FRUIT SNACKS  
\*WGR RF CHOCOLATE CHIP OR  
BANANA MUFFIN  
\*WGR RICE KRISPIES TREAT  
\*WGR STRAWBERRY POPTART  
\*WGR CINNAMON POPTART  
\*PRETZELS  
\*BAKED CHEETO'S- PUFFS OR  
CRUNCHY

\*TUESDAY-Cookies-(2) \$1.25  
\*THURSDAY-Pretzel Factory-  
\$1.25  
\*FRIDAY- Baked Fries-\$1.50

MENU SUBJECT TO CHANGE  
FOOD SERVICE MANAGER  
TAMMIE S. ZANE  
856-423-0412 EXT. 1043  
\*THIS INSTITUTE IS A EQUAL  
OPPORTUNITY EMPLOYER